Let’s get out there and be inspired
Public art has the power to energise and engage people and communities, while at the same time creating a sense of place. We hope as you travel the Public Art Walk you are inspired and uplifted as you discover the many creative pieces dotted around the City of Queanbeyan.

Walking your way to better health
Being physically active is very important for our health, and it is never too late to start. People of all ages can improve their health and well-being by doing some regular physical activity. Walking is a great way to get moving - it is free, easy, and can make you feel great.

There are lots of ways to get more walking in your day:

- Walk to the shop or the library
- Walk the dog
- Join a Queanbeyan walking group
- Use the stairs
- Park the car further away and walk
- Walk with a friend instead of meeting for coffee
- Walk around the oval when you watch your kids play sport

To help you get started, you can borrow a 10,000 Steps kit from the Queanbeyan Library. A small pedometer will help you keep track of how far you walk.

For more information about walking trails, parks or walking groups in Queanbeyan, visit the QParks website:
www.qparks.com.au
This walk starts at the Sensory Garden in Ray Morton Park taking you along the Queanbeyan River and through the Crawford St lifestyle precinct. Turn up Rutledge St to the library, then walk up the lane way and turn left at Isabella St to take you past many of Queanbeyan’s private and public heritage buildings. Cross the river at the suspension bridge and turn left to walk alongside the river – leading you back to the Sensory Garden. Signs will guide you along the walk.