



Name	Location	Email/ Website	Phone
Accommodation			
Hope Place Emergency Accommodation	410 Beach Rd Sunshine Bay NSW 2536	www.communitylifebb.org.au	
RSPCA	PO Box 34, Yagoona, NSW, 2199	programsgroup@rspcansw.org.au	(02) 9782 4408
NSW Department of Communities and Justice – Housing Services	11 Farrer Pl, Queanbeyan NSW 2620	applications www.facs.nsw.gov.au/housing	(02) 6229 7600/1800 422 322
Link2home Homelessness Information is a 24/7 phone line			1800 152 152
Home in Queanbeyan	P.O Box 1647 Queanbeyan NSW 2620	manager@homein.queanbeyan.org	0412 460 308
Argyle	114 Crawford Street; P.O. Box 502 Queanbeyan NSW 2620	queanbeyan@argylehousing.com.au	6297 5929
Companion House		info@companionhouse.org.au	(02) 6251 4550
Your Place Housing Support Service	Suite 104, Level 1 Riverside Plaza, 131 Monaro Street Queanbeyan	www.molonglo.net.au	6297 5827
Shelter	Suite 2, Level 4, 377-383 Sussex St Sydney NSW 2000	admin@shelternsw.org.au	(02)92675733
St Benedicts Community Centre	284 Crawford Street, Queanbeyan, NSW 2620.	stbenedictsqbn@gmail.com	(02)62975331
Karabar Housing Co-Op	PO Box 131 Queanbeyan	karabarhousing@gmail.com	0429 206 632
Illawarra Forum Tenant Participation Resource Service	106B Industrial Road, Oak Flats NSW	donna@illawarraforum.org.au	0419758292
Richmond Fellowship ACT – Residential Recovery Program (ACT & NSW)	PO Box 1304 Fyshwick ACT	katrina@rfact.org.au	6248 6118
Southern Youth and Family Services, Homeless Youth Assistance Program (ages 12 - 15)	17 Kathleen Street, Queanbeyan	hyapqueanbeyan@sysf.org.au	6232 9717
Youth Services			
One Door Mental Health, Family & Carers Mental Health Program (Young Carers)	Suite 10, Level 1 57-59 Monaro St Queanbeyan NSW 2620	penni.dickson@onedoor.org.au	(02) 6257-0512
Australian Childhood Foundation- OurSPACE NSW	Queanbeyan and Southern NSW	AJefferies@childhood.org.au	1300 381 581
Finding Safe Place For Young People Ages 15-18			(02) 4475 6011
headspace	98 Monaro St, Queanbeyan NSW 2620	info@headspacequeanbeyan.org.au	(02) 6298 0300
YMCA- Bungendore	17B Gibraltar St, Bungendore NSW 2621	aislinn.oleary@ymca.org.au	0436 471 886
RAW Potential Homeless Youth outreach support (12-25)		youthworker@rawpotential.co.au	62417771
RAW Potential Homeless Youth outreach support (12-25)		rpti@stjohnscare.org.au	62417771
Queanbeyan Youth refuge (14-24yrs)			62329717
AXIS Youth Centre	Queanbeyan Park, Queanbeyan		6285 6341
Child Protection Counselling Service			6298 9233
Helping Learner drivers		Joanne.WilsonRidley@qprc.nsw.gov.au	(02)62856196
Southern Region Business Enterprise Centre (Pathways)	Level 1; RSL Building, 251 Crawford St, Queanbeyan NSW 2620	iae@srbec.com.au	0427 036420/62973121
Yarn Safe		www.yarnsafe.org.au	
Enabling Independence For Children		projects@tadact.org.au	(02)62874290
Community Justice Centers		cicsydaney@agd.nsw.gov.au	1800 990 777
Brighter Futures			62992851
Ted Noffs			6123 2400
Youth and Family Support service - Barnardos	220A Crawford Street Queanbeyan	southernnsw@barnardos.org.au	(02) 6124 3800
Seniors and Ageing Services			
My Aged Care		https://www.myagedcare.gov.au/contact-us	1800 200 422
Meals on Wheels	Rear of 138 Monaro Street (PO Box 712) Queanbeyan	admin@mealsonwheelsqueanbeyan.org.au	6299 3000
ADACAS- Older Persons Advocacy	Unit14/6 Gritten Street, Weston Community Hub, ACT, 2611	Jodie@adacas.org.au	6242 5060

Scope Home Access		lrldley@scopehomeaccess.com.au	0434 353 231
CatholicCare	PO Box 3167 Manuka ACT 2603	https://catholiccare.cg.org.au	6162 6100
IRT- Illawarra Retirement Trust	2 Joy Cummings Place, Belconnen ACT 2611	kpreedy@irt.org.au	0438 470 985
Goodwin Queanbeyan Day Club- Social group for seniors	138 Monaro Street Queanbeyan	crath@goodwin.org.au	6175 5629 / 0488 700 393
Aged Crime Prevention Officer Monaro Police District	Queanbeyan Police Station	fook1ale@police.nsw.gov.au	(02) 6298 0599 / 62984513
Disability			
Autism & Cognitive Assessment & Therapy Centre		ask@helpcentre.com.au	0409 580 100/0435 187 901
Journey Counselling and Life Skills	Unit 2, 78 Crawford Street Queanbeyan	jenni@journeycounselling.com.au	0481 202 149
Southern Region Business Enterprise Centre	Level 1; RSL Building, 251 Crawford St, Queanbeyan NSW 2620	jacque@srbec.com.au	0438 173 261
CatholicCare - CHOICES & Aged Care	PO Box 3167 Manuka ACT 2603	https://catholiccare.cg.org.au	6162 6100
Stephen Golding (NDIS Provider)	57 Newington Road, Bywong	stephen@stephengolding.com.au	0403261253
Uniting NDIS Local Area Coordinator-Southern NSW	Unit 3/Level 114-116 Crawford Street Queanbeyan	jduboulay@uniting.org	0429 228 963 / 02 9275 9451
Candis Plan Support	Queanbeyan	candi@candisplans.com.au	0404 717 031
Ngunnawal Aboriginal Corporation	The Eric Bell Centre, 147 Meehan Street, Yass	Laurie@nacorp.com.au	(02) 6226 3799
Ability Link		abilitylinks@ssi.org.au	0432566382
Ability Seer	www.abilityseer.com.au	info@abilityseer.com.au	0421 794 901
Disability Services ACT ONLY - Feros Care - local area coordination NDIS		lacinfo@feroscare.com.au	1300986970
EACH NDIS (coordination for children 0-6)		info@each.com.au	1300003224
Children Early Intervention (0-6) CIFTs (0-18) multi-disciplinary team	12 Southbar Road, Queanbeyan	di.grandjean@health.nsw.gov.au	61243700
Uniting NDIS (local area coordination services)	114-116 Crawford Street, Queanbeyan NSW 2620		92759451
People with Disability Australia		ienr@pwd.org.au	(02)93703117
Treehouse- Queanbeyan Children's Special Needs		info@treehouse.org.au	6299 7271
Royal Society for the Blind	The Griffith Centre, 20 George St, Level 1, Room 6, Canberra 2601		6132 9200
Seniors Rights Service	Level 4, 418A Elizabeth St Surry Hills NSW 2010	info@seniorsrightssevice.org.au	1800 424 079
Plan Partners	Level 9, 1 Ryder Blvd Rhodes NSW	info@planpartners.com	1300 333 700
FaCS, ADHC-NGO Accommodation Programs	4-6 Bligh St, Sydney 2000	ngoaccommodation.servicessupport@facs.nsw.gov.au	
Disability & Aged Care	127 Phillip Avenue Watson ACT 2602		(02)61637600
National Disability Abuse & Neglect Hotline			1800 880 052
National Relay Service		helpdesk@relayservice.com.au	1800 555 630
SDN Children's Services	Preschool Building, Namadgi Public School, O'Halloran Crt, Kambah	m.groeneveld@sdn.org.au	0438 739 578
The Disability Trust		rohan.foy@disabilitytrust.org.au	(02)62329440
ACT Disability, Aged and Carer Advocacy Service (ADACAS)	14/6 Gritten St, Weston ACT 2011	jodie.f@adacas.org.au	6242 5060
Maintaining Your Independence	TADACT-27 Mulley St, Holder ACT	projects@tadact.org.au	(02)62874290
Community Services			
Community Industry Group- Peak Organisation, SE NSW	3 Flora Cres, (Baylink) Bateman's Bay 2536	alacheta@cigroup.org.au	0447 903 675
Seniors Rights Service	Education & Advocacy available across NSW people receiving aged care services: Surry Hills NSW	alacheta@seniorsrightsservice.org.au	1800 424 079
Braidwood Conference of St Vincent de Paul Society	72 Lascelles Street, Braidwood. Open Fridays 11am – 1pm.		0435856541
Service NSW Queanbyan	Cnr Aurora Ave & Aurora Place, Queanbeyan	service.nsw.gov.au	137788
Service NSW Queanbyan- Cost of Living (Jess Puddick)	Cnr Aurora Ave & Aurora Place, Queanbeyan	jessica.puddick@service.nsw.gov.au	8059 3674
Mable		info@mable.com.au	1300 73 65 73
GIVIT		http://www.givit.org.au/about-givit	
A Gender Agenda		genderrights.org.au	(02) 6162 1924
Woden valley RSL Sub Branch Veterans Support Centre	27 Mulley St, Holder ACT 2611	welfare@rslwoden.org.au	(02) 6285 1931
Barnardos	220A Crawford Street, Queanbeyan NSW 2620	southernnsw@barnardos.org.au	(02) 6124 3800
NSW Fair Trading	11 Farer Street, Queanbeyan	belinda.parker@finance.nsw.gov.au	0436696532
Rape Crisis Centre NSW			1800 424 017

Queanbeyan-Palerang Regional Council -Braidwood/Bungendore Office	144 Wallace Street, Braidwood / 10 Majara Street, Bungendore	council@gprc.nsw.gov.au	(02) 6238 8111
Queanbeyan-Palerang Regional Council -Queanbeyan	257 Crawford Street Queanbeyan NSW 2620	council@gprc.nsw.gov.au	(02) 62856000
ACON Regional Outreach (HIV and LGBTI health)		regionaloutreach@acon.org.au	(02) 9206 2113
Kerbside Cleanup			(02)61289600
A Guide To The Fine Processing And Enforcement System		www.sdrc.nsw.gov.au	1300 138 118
The Salvation Army Bridge Program	5-13 Mildura St Fyshwick ACT 2609		(02)6295 1256
Personal Health And Mentors			(02)6297 4590
Mens Line Australia			1300 78 99 78
Free Laundry Red Cross Roadhouse	Griffin Centre		
Mens Shed	5 Lorn Rd Queanbeyan NSW 2620		(02)6297 9534
Mens Link		www.menslink.org.au	6287 2226
Scope Home Access	3 Hamilton Street, Dapto NSW 2530	lrldley@scopehomeaccess.com.au	(02) 4262 4900
Our Services		www.racr.relationships.org.au	1300 364 277
Every Man	GPO Box 1753 Canberra ACT 2601	www.everyman.org.au	(02) 6230 6999
Anglicare	114-120 monaro St Quenabeyan NSW 2620	food.fair@anglicare.com.au	(02) 6236 9272
Queanbeyan Multilingual Center	12 rutledge St, Queanbeyan NSW 2620	admin@qmlc.org.au	(02) 6297 6110
Queanbyan Cleanup System			(02)62856268
The Salvation Army - Canberra CITY			(02)62471340
Arcadia House Withdrawal & Transition Program	Mary Potter Circuit BRUCE ACT	admissions@directionsact.com	(02) 2653 3055
The Salvation Army - Queanbeyan	8-10 Morisset St, Queanbeyan	Captains Phil and Rachel Farthing	(02) 6299 1138
Fair Trading	2-6 Coleman St, Wagga Wagga NSW 2650	jenny.beath@finance.nsw.gov.au	0429535072
Canberra Living Conditions Network	CIT Function Center Reid	www.clcn.org.au	
Client Information Brochure	1 Bradlet St WODEN ACT 2606	reception@directionsact.com	(02) 6122 8000
Relationships Australia- Counselling Service		www.relationshipsnsw.org.au/support-services/?cat	1300 857 886
CatholicCare- Family & Relationship Counselling		www.info@catholiccare.cg.org.au	6162 6100
Mission Australia	22 Johnbull Street, Queanbeyan NSW 2620		0409 019 082
Hearing Voice Network	7-9 Morisset St Level 1 Queanbeyan NSW 2620	www.hvnsw.org.au	0459 161 162
Road Safety		roadsafety.transport.nsw.gov.au	13 22 13
Ability Link		abilitylinks@ssi.org.au	0432566382
On The Road 65Plus - Older Driver Safety Workshops		Joanne.WilsonRidley@gprc.nsw.gov.au	(02)62856196
Alcohol & Drug Information Service NSW (ADDIS)		www.yourroom.com.au	1800 422599
Directions ACT			6132 4800
People with Disability Australia		ienr@pwd.org.au	(02)93703117
Gambling Impact Society		bnicbic@gmail.com	0400 661 637
Braidwood Life Centre	Recreation Ground, Braidwood		0429076929
NSW Police Force	c/ 6-8 Farrer Street, Queanbeyan NSW 2620	gree1san@police.nsw.gov.au	0419927430
Braidwood Life Centre	1 Kedex Street, Braidwood NSW		0421547665 / 0437989993
Goodwin Aged Care	138 Monaro Street Queanbeyan NSW 2620	community@goodwin.org.au	(02)6175 5650
Cancer Council NSW	Suite 7, Enterprise 1, Squires Way, North Wollongong NSW 2500	www.cancercouncil.org.au	(02)4223 0200
Beyond Bank Australia	Across ACT, Queanbeyan and Batemans Bay	www.beyondbank.com.au	0417141049
Valmar Support services	Across ACT, Queanbeyan, Bungendore and Braidwood	www.valmar.com.au	(02)6297 2720
Centrelink			(02)6219 3243
Bargain Hunter	114-120 Monaro St, Queanbeyan NSW 2620		(02)6232 9272
Uniting Home & Community Care ACT & Southern Tablelands	Unit 2, 27 – 29 Napier Close Deakin	Snr. Support Advisor: Raj Shrestha rshrestha@uniting.org	(02)6287 5990
		Contact for Healthy Living for Seniors: Snr. Co-ordinator: Tricia Hoad phoad@uniting.org	

Dementia Australia	Across Queanbeyan, Bungendore, Braidwood & Cooma	libby.smith@demetia.org.au	(02)62410881/ 1800100500
Red Cross	3 Dann Close, Garran ACT 2605	socialinclusionact@redcross.org.au	(02)6234 7663
RSPCA-Home Ever After Program	PO Box 34, Yagoona, NSW, 2199	programsgroup@rspcansw.org.au	(02) 9782 4408
Molonglo Support Services	Suite 104, Level 1 Riverside Plaza, 131 Monaro Street Queanbeyan	www.molonglo.net.au	(02) 6297 5827
D.V			
Elder Abuse		www.elderabusehelpline.com.au	1800 628 221
RSPCA	PO Box 34, Yagoona, NSW, 2199	programsgroup@rspcansw.org.au	(02) 9782 4408
Seniors Rights Service	Surry Hills	info@seniorsrightsservice.org.au	(02)92813600
NSW Wider Abuse	P.O Box 78 Gladesville Nsw 1675	www.elderabusehelpline.com.au	1800 628 221
Charmed & Dangerous		www.1800respect.org.au	
Loves Me, Loves Me Not			1800 737 732
Getting An Apprehended Violence Order			9219 5028
South Eastern Women's Domestic Violence Court Advocacy Service	Suite 111 Riverside Plaza	sewdvcas@molonglo.net.au www.sewdvcas.net.au	6299 3835
Louisa Domestic Violence Services		www.louisa.net.au	(02) 6299 4799
Braidwood Life Centre	Recreation Ground, Braidwood		0429076929
Help At Court			1300 888 529
Legal Aid		www.legalaidsnsw.gov.au	1300 888 529
NSW Domestic Violence Line			1800 656 436
ACT Domestic Violence Crisis Service			6280 0900
Education			
Queanbeyan High School	Cnr Agnes Ave and Surveyor St	queanbeyan-h.school@det.nsw.edu.au	(02) 6297 2088
Queanbeyan High School- Aboriginal Education Officer	Coordinator-Madeleine Williamson	madeleine.bye1@det.nsw.edu.au	(02) 6297 2088
Queanbeyan Day Club- Social group for seniors	138 Monaro Street Queanbeyan	community@goodwin.org.au	6162 2737
Centre for Community Welfare Training	699 George St Sydney (various locations across NSW and ACT)	www.ccwtf.edu.au saul.acwa.asn.au	0292818822 / 0438649299
One Door Mental Health, Family & Carers Mental Health Program	Suite 10, Level 1 57-59 Monaro St Queanbeyan NSW 2620	stephanie.stephens@onedoor.org.au	0466371183
Southern Region Business Enterprise Centre	Level 1; RSL Building, 251 Crawford St, Queanbeyan NSW 2620	jae@srbec.com.au	0427036420/62973121
Burrungu Aboriginal Gallery	245 Lady Denman Drive Yarramundi Reach	www.aboriginal-arts.com.au	0400 382 084
TAFE NSW- Industry Relationship Lead, Community Services Health, Wellbeing and Community Services SkillsPoint	Cnr Macquoid and Buttle Streets, Queanbeyan NSW 2620	gail.bennell@tafensw.edu.au	0439 835 774
All Graduates			1300 652 488
TAFE NSW - South Region	Tumut Yass Queanbeyan Goulburn	patricia.espiewhitburn1@tafensw.edu.au	02 69814825 0439 492 557
Dept of Education- Aboriginal Community Liaison Officer	Queanbeyan Education Office, Riverside Plaza, Queanbeyan	monica.bridge1@det.nsw.edu.au	0415 918 016
Queanbeyan YMCA	2 Southbar Road Queanbeyan	www.queanbeyan.ymce.org.au	(02) 6297 2334
Free English Classes	Corner of Morisset & Lowe Street Queanbeyan NSW 2620		0423 548 821
Financial Services			
Home Loans For Indigenous Australia		www.iba.gov.au	1800 107 107
NSW Service- Cost of Living		https://www.service.nsw.gov.au/campaign/cost-Jess-	13 77 88
How To Make Your Housing NSW Payment			1300 468 746
Journey Out Of Debt		admin@capaust.org	1300 303 929
Money Smart MoneySmart Rookie			
SaverPlus -Kathleen Watson		kathleen.watson@thesmithfamily.com.au	62837606/0448730305
Struggling with Debt		help@capaust.org	1300 227 000
Managing Your Money		MoneySmart.gov.au	1300 300 630
Salvation Army Moneycare-financial counsellors	8-10 Morriset St, Queanbeyan	joy.mckay@salvationarmy.org.au	0418261391
Salvation Army Moneycare-financial counsellors	8-10 Morriset St, Queanbeyan	deirdre.windolf@salvationarmy.org.au	0418261391
Salvation Army NILS	8-10 Morriset St, Queanbeyan	felicia.melillo@salvationarmy.org.au	0419 562 083
Salvation Army NILS	8-10 Morriset St, Queanbeyan	ross.norgate@salvationarmy.org.au	0437 723 863
Mission Australia Financial Counselling and Problem Gambling	22 John Bull St, Queanbeyan NSW 2620		0408985744

Health Services			
Oral Health Intake Service			1800 450 046
Journey Counselling and Life Skills	Unit 2, 78 Crawford Street Queanbeyan, Batemans bay	jenni@journeycounselling.com.au	0481 202 149
Braidwood MPS	Monkitee Street, Braidwood NSW 2622	jo.wilson@health.nsw.gov.au	48429012
Dementia Australia	159 Maribryngong Ave, Kaleen ACT 2617	Libby.Smith@dementia.org.au	02 6241 0881
Meridian	85 Northbourne Avenue, Turner ACT	contact@aidsaction.org.au	62572855
Mental Health & Suicide Prevention Awareness Network		sharon.alles@outlook.com	0406 3755 12
Cancer Council	Enterprise 1, Innovation Campus Squires Way, Nth Wollongong NSW	kate@nswcc.org.au	4223 0208
The NSW Mental Health Access Line			1800 011 511
Queanbeyan Community Health Services			(02)6150 7150
Australian Red Cross	Red Cross House, 3 Dann Close, Garran ACT 2605	socialinclusionact@redcross.org.au	(02) 6234 7600
Magistrates Early Referral Into Treatment	32 Lowe St Queanbeyan NSW 2620		(02) 6128 9750
Sexual Health Or Blood Born Viruses	Queanbeyan Hospital		(02)6150 7150
Mental Health, Justice Health & Alcohol & Drug Services	ACT Health Building Level 4, 1 Moore St Canberra City	tribunal@act.gov.au	(02) 6207 1740
Sexual health Info Like			1800 737 669
Australian Hearing		www.hearing.com.au	131 797
Family referral Service			1300 403 373
Discover The Facts About Organ and Tissue Donation		aodr@humanservices.gov.au	1800 777 203
Macular Disease Foundation Australia	Suite 902 Level 9 443-451 Kent St Sydney NSW 2000		1800 111 709
Emergencies Happen		redcross.org.au/prepare	
Anxiety Disorders Support Group			1300 794 992
Queanbeyan District Hospital	107 Collett St, Queanbeyan		(02) 6150 7000
ACON Regional Outreach (HIV and LGBTI health)	44 Elizabeth Street, Surry Hills NSW 2010	regionaloutreach@acon.org.au or jgarrington@acon.org.au	(02) 9206 2113/0437 651 752
Hepatitis ACT	36 David street, Turner, ACT- 2612	info@hepatitisACT.com.au	(02) 6230 6344
Eurobodalla Sexual Assault Service			1300 139 887
Homelessness Services			
Protocol For Homeless People In Public Places			1800 424 830
NSW Department of Communities and Justice – Housing Services	11 Farrer Pl, Queanbeyan NSW 2620	applications www.facs.nsw.gov.au/housing	(02) 6229 7600/1800 422 322
Link2home Homelessness Information is a 24/7 phone line			1800 152 152
Your Place	28 Rutledge St, Queanbeyan NSW 2620		6297 5827
St Benedicts	284 Crawford Street, Queanbeyan, NSW 2620.	stbenedicts@lizzy.com.au	6297 5331
High Street Care Emergency Food Relief	49 High Street Queanbeyan NSW 2620	care@highst.com.au	(02) 62973472
Queanbeyan Youth refuge (14-24yrs)	17 Kathleen Street, Queanbeyan	hyapqueanbeyan@sysf.org.au	6232 9717
Aboriginal and Torres Strait Islander Services			
Ngunnawal Aboriginal Corporation	The Eric Bell Centre, 147 Meehan Street, Yass	Laurie@nacorp.com.au	(02) 6226 3799
Indigenous Allied Health Australia	6b Thesiger Court Dekin West ACT 2600	www.iaha.com.au	(02)6285 1010
Aboriginal Business Advisor	Queanbeyan and Yass	RichardDavis@illawarraitec.edu.au	(02) 4223 3100 / 0409 820 207
Indigenous Community Links	261 Crawford St Queanbeyan 2620		(02) 6297 3520
Gulanga Program- ACTCOSS	1/6 Gritten Street, Weston ACT	gulanga@actcoss.org.au	(02) 6202 7200
Karabar High School- Aboriginal Education Officer	84 Donald Rd, Karabar	Alyson.Beltrami3@det.nsw.edu.au	(02) 6298 4333
Queanbeyan High School- Aboriginal Education Officer	Cnr Agnes Ave & Surveyor St, Queanbeyan	Linda.anderson@det.nsw.edu.au	(02) 6297 2088
Aboriginal and Torres Strait Islander Women's Access to Justice Program	Cnr Watson Street & Barry Drive, Canberra ACT	swilliams@womenslegalact.org	(02) 6257 4377
Gugan Gulwan- Youth	1 Grattan Circuit, Wanniasa ACT	http://www.gugan-gulwan.com.au	(02) 6296 8900
Indigenous Employment and Training Vtec Program	31/37 Townshend St, Phillip ACT 2606		(02) 6285 2422
Aboriginal Legal Service	17-21 University Ave, Canberra ACT 2601		(02) 6249 8488
Munjuwa Health, Housing & Community Aboriginal Corporation	28 Rutledge St Queanbeyan		(02) 6297 3578
Indigenous Social And Emotional Wellbeing			(08) 9370 6336

Hepatitis ACT	36 David street, Turner, ACT- 2612	info@hepatitisACT.com.au	(02) 6230 6344
Dept of Education- Aboriginal Community Liaison Officer	Queanbeyan Education Office, Riverside Plaza, Queanbeyan	monica.bridge1@det.nsw.edu.au	0415 918 016
Aboriginal Health			1800 249 645
Service Charater For Aboriginal Clients	234 Susses St Sydney NSW	facinfo@facs.nsw.gov.au	(02) 9377 6000
Employment Plus			
Work And Development Orders		www.legalaidd.nsw.gov.au/wdo	1300 888 529
Aboriginal Carers Support Guide			1800 052 222
Personnel Group	Belconnen, Braddon, Woden, Tuggerenong and Queanbeyan	Lkirtton@personnelgroup.com.au Canberra/queanbeyan_and bwalsh@personnelgroup.com.au Goulburn and highlands https://personnelgroup.com.au/	0478 705 735
Southern Region Business Enterprise Centre	Level 1; RSL Building, 251 Crawford St, Queanbeyan NSW 2620	iae@srbec.com.au	0427 036 420 / 6297 3121
Aboriginal Kinship & Foster Carers			1800 888 698
Advance Personnel (Canberra) Inc		mwendel@workways.com.au	
Respite And Support For Mental Health Carers	Suite 10,57-59 Monaro St Queanbyean NSW 2620		
ESG/Matchworks	80 Morisset Street	shirley.layton@esq.com.au	02 6132 9588
Max Employment	2/7-9 Morisset St,	grace.karaqiannis@maxemployment.com.au	02 6128 9400
Employment Plus			61328500
Salvation Army- Transition to work (Youth Employment)	Suite 1.02 Level 1. 7-9 Morisset St	ciaran_keating@aep.salvationarmy.org	0408 591 791
Advance Personnel/Workways/Disability Employment	108 Monaro Street	mwendel@workways.com.au	0407 594 562
		jmccann@workways.com.au	
IRT	2 Joy Cummings Place, Belconnen ACT 2615	kpreedy@irt.org.au	0438470985
One Door Mental Health	Suite 10, Level 1 57-59 Monaro St Queanbeyan NSW 2620		
Legal Services			
ALS Legal Aid NSW Early Intervention Unit		justine.oreilly@legalaidd.nsw.gov.au	1800557589
Need Legal Help		www.lawaccess.nsw.gov.au	1300 888 529
Free Legal Advice	Unit 10B - 2nd Floor - The Holt Center 29-31 Kinghorne St Nowra NSW	www.shoacoast.org.au	4422 9529
A Practical Guide For People Having Problems With Fines		www.legalaidd.nsw.gov.us/publications	9210 5028
Justice Corrective Services	11 Farrer Place, Queanbeyan NSW 2620	franc.woods@justice.nsw.gov.au	61328700
RMB Lawyers	114-116 Crawford St, Queanbeyan	www.rmblawyers.com.au	
		dibetts@rmblawyers.com.au	6284 2855
Seniors Rights Service	Surry Hills	info@seniorsrightsservice.org.au	9281 3600
State Debts Recovery (Revenue NSW)		www.sdros.nsw.gov.au	1300 655 805
Mental Health			
Help Centre Psychology		ask@helpcentre.com.au	6299 5998
Mental Health Foundation	11/70 MacLaurin Cres Chfiley 2606	info@mhf.org.au	62826604
Headspace	98 Monaro St, Queanbeyan NSW 2620	info@headspacequeanbeyan.org.au	6298 0300
Journey Counselling and Life Skills (NDIS)	Unit 2, 78 Crawford Street Queanbeyan, Batemans Bay	jenni@journeycounselling.com.au	0481 202 149
Aboriginal And Torres Strait Islander Counselling, Support And Education Program	P.O Box 916 Dickson ACT 2602		6247 2525
One Door Mental Health, Family & Carers Mental Health Program	Suite 10, Level 1 57-59 Monaro St Queanbeyan NSW 2620	Melanie.turner@onedoor.org.au	0436 322 051
Race Discrimination		www.hrc.act.gov.au	6205 2222
Rural Adversity Mental Health Program	Based in Yass but cover Southern NSW Local Health District	judy.carmody@health.nsw.gov.au	0417 131 301
Parents In Recovery			1800 006 841
Free Anxiety Disorders Support Group Queanbeyan	Karabar Community Center 183 Cooma St Queanbeyan		1300 794 992
Affinity		www.affinityahs.com.au	(02) 6231 1043
Mental Health Line			1800 011 511
Counselling: Anglicare Gambling Help- Counselling service	130 Cowper St, Goulburn NSW 2580	helen.ford@anglicare.com.au	(02) 48234034

Marymead (0-18yrs)	255 Goyder St, Narrabundah ACT 2604	www.marymead.org.au	(02) 6162 5800
Richmond Fellowship ACT – Queanbeyan PHaMs and NDIS services	PO Box 1304 Fyshwick ACT	www.rfact.org.au	(02) 66219275
Meditation			0477 044 607
Grand Pacific Health			1800 006 841
Suicide Call Back Service			1300 659 467
Flourish Aust	Level 1, Suite 5, 7-9 Morisset Street Queanbeyan NSW 2620	www.flourishaustralia.org.au & Elizabeth.Webb@flourishaustralia.org.au	(02) 9393 9213
Gidget House Queanbeyan	Tresillian Family Care centre- 12 Southbar Road, Karabar	www.gidgetfoundation.org.au contact@gidgethouse.org.au	(02) 9460 1550
Lifeline			131114
ACT Child & Adolescent Mental Health			6205 1971
Child & Family Services			
Child and Family Health Service- NSW Health: Qbyn	Queanbeyan Community Health Centre- Qbyn Hosp		6150 7150
Child and Family Health Service- NSW Health: Karabar	Karabar Community Health Centre- Southbar Road		6124 3700
Mission Australia	22 John Bull Street, Queanbeyan	kerr2@missionaustralia.com.au	
Schools as Community Centre	Queanbeyan Public School, Isabella St, Queanbeyan NSW 2620	alison.coster@det.nsw.edu.au paola.mendez@det.nsw.edu.au	6297 2167
EACH NDIS (coordination for children 0-6)		info@each.com.au	1300003224
Barnardos	220A Crawford Street Queanbeyan		6124 3800
Campbell Page- Helping Hands Program	Queanbeyan Public School, Isabella St, Queanbeyan NSW 2620	Kellie.Strawbridge@campbellpage.org.au	0427 415 917
Treehouse- Queanbeyan Children's Special Needs	82 Campbell St, Queanbeyan NSW 2620	info@treehouse.org.au	6299 7271
Southern NSW Family Referral Service		info@southernnswfrs.org.au lane.gardiner@marymead.org.au	1300 736 384 (0427287366) Lana
New Horizons Marymead (0-18yrs)	255 Goyder St, Narrabundah ACT 2604	www.marymead.org.au	6162 5800
Early Links	P.O Box 211 Goulburn	cooperjo@missionaustralia.com.au	(02) 4824 4011
Braidwood Uniting Church	Monkittee Street, Braidwood	david@brss.org.au	(02) 4847 1203
QE11 Family centre- Canberra Mothercraft Society	129 Carruthers Street, Curtin ACT 2605	info@cmsinc.org.au	(02) 6205 2333
Kids Helpline (5-25yrs)			1800 551 800
Parentline NSW			1300 130 052
Karinya House (home for mothers and babies)	PO Box 7239 Kaleen ACT 2617	info@karinyahouse.asn.au	62598998
Red Nose	10/70 Maclaurin Crescent, Chifley ACT	education@rednose.com.au	62255867
Justice Corrective Services	11 Farrer Place, Queanbeyan NSW 2620	franc.woods@justice.nsw.gov.au	61328700
SDN Children's Services	Preschool Building, Namadgi Public School, O'Halloran Crt, Kambah	m.groeneveld@sdn.org.au	0438 739 578
Gidget House Queanbeyan	Tresillian Family Care centre- 12 Southbar Road, Karabar	www.gidgetfoundation.org.au contact@gidgethouse.org.au	(02) 9460 1550
Australian Childhood Foundation- OurSPACE NSW	Queanbeyan and Southern NSW	AJefferies@childhood.org.au	1300 381 581
Children Early Intervention (0-6) CIFS (0-18) multi-disciplinary team	12 Southbar Road, Queanbeyan	di.grandjean@health.nsw.gov.au	61243700
Getting on track in time program (GOT IT!)	NSW Health	Rachel.DAquino@health.nsw.gov.au	02 6150 7070
Goulburn Employment services			
The Salvation Army Employment Plus	254 Auburn St, Goulburn	Jo_Miller@aep.salvationarmy.org	(02) 4824 5200
Cooma Employment services			
The Salvation Army Employment Plus	TAFE NSW, Building 7, Ground Floor, 66 Commissioner Street , Coo	Celena_Rainbow@aep.salvationarmy.org	(02) 6455 5800
The Salvation Army Employment Plus	TAFE NSW, Building 7, Ground Floor, 66 Commissioner Street,	Leta_Muschinski@aep.salvationarmy.org	(02) 6455 5800
MBC Employment Services	2/68 Vale Street, Cooma	ruwani@mbcemployment.com.au	02 6452 2736
MBC Employment Services	2/68 Vale Street, Cooma	susan@mbcemployment.com.au	02 6452 2736